

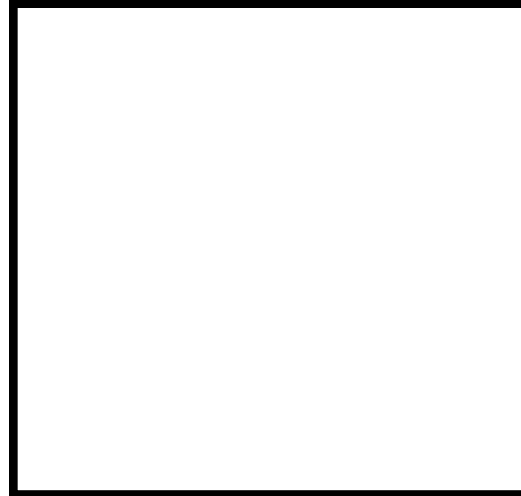
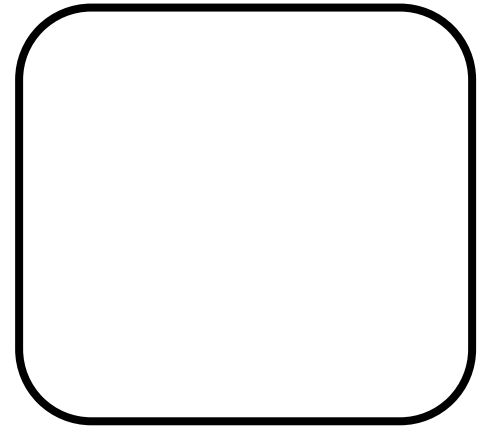
TOKEN ECONOMY

DA 1 A 10 GETTONI

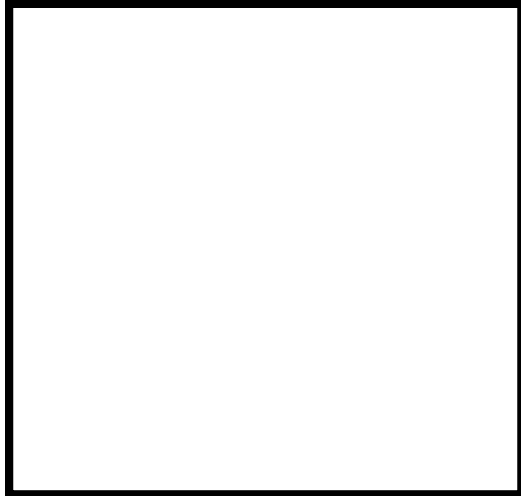
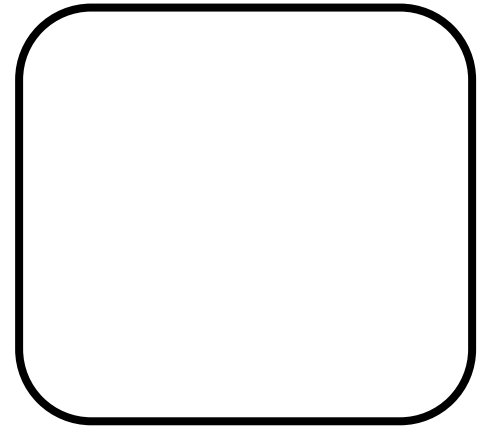
STO LAVORANDO PER... 

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------

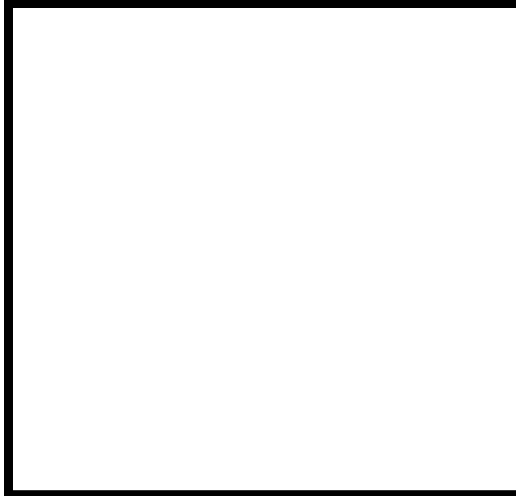
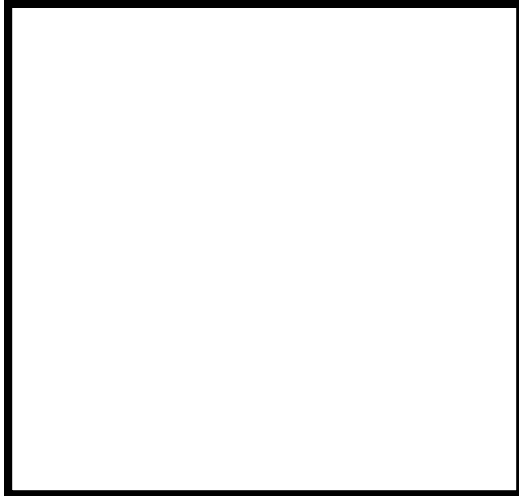
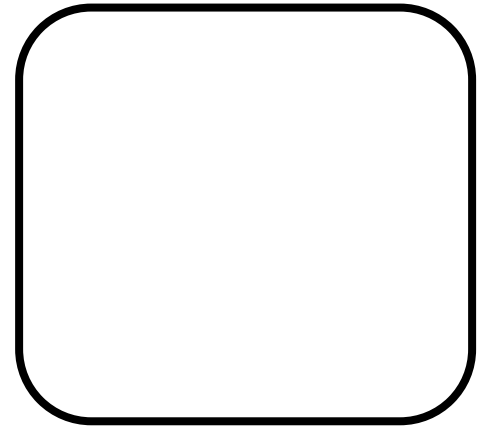
STO LAVORANDO PER...



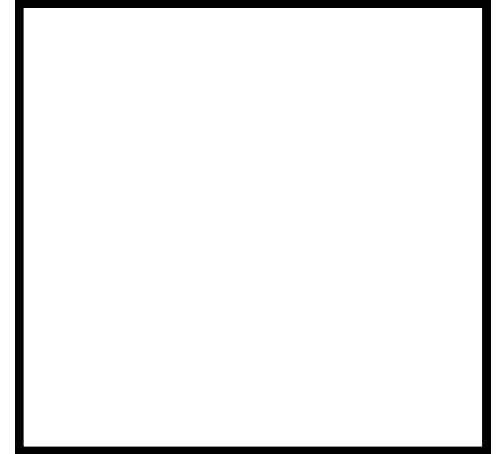
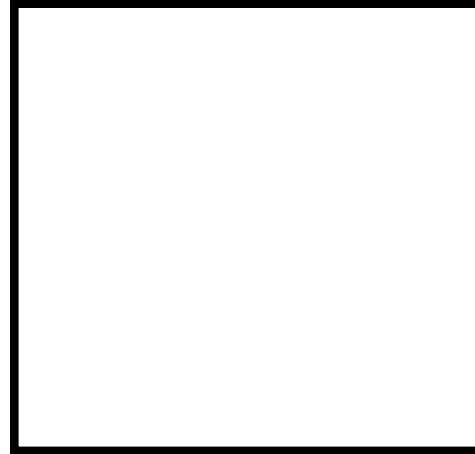
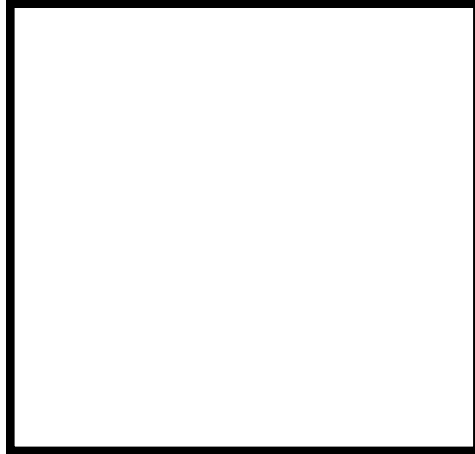
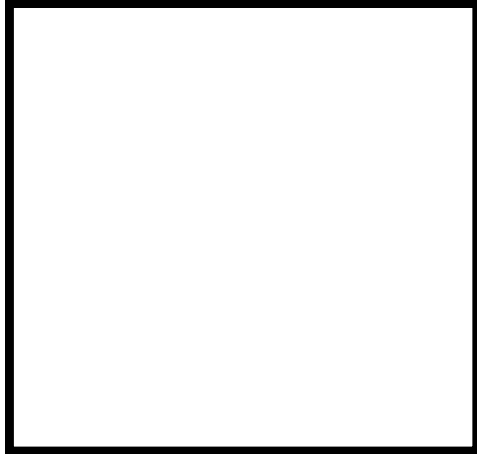
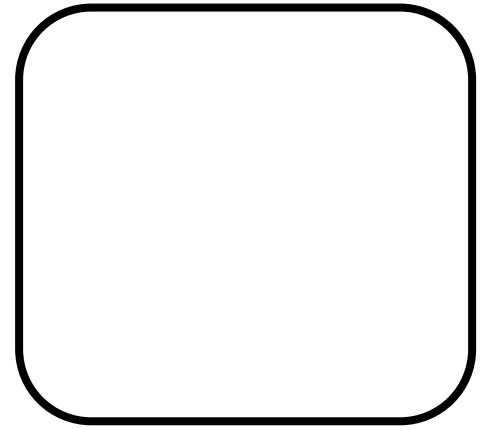
STO LAVORANDO PER...



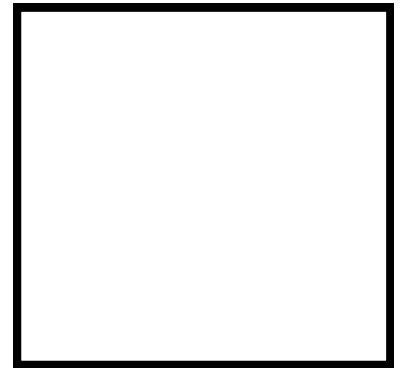
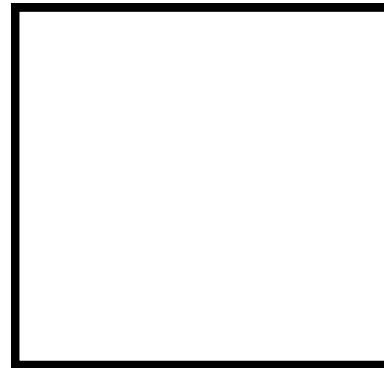
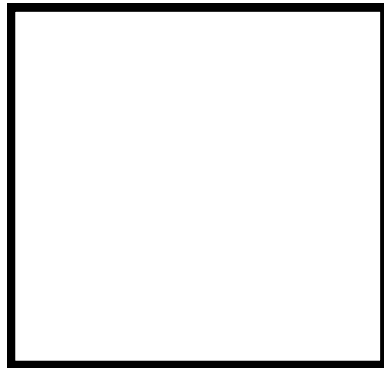
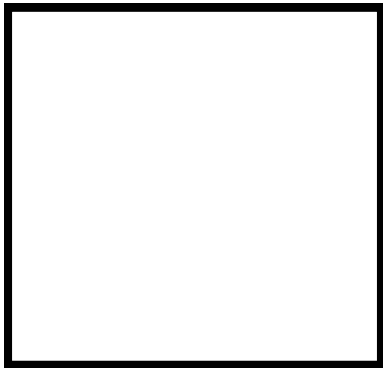
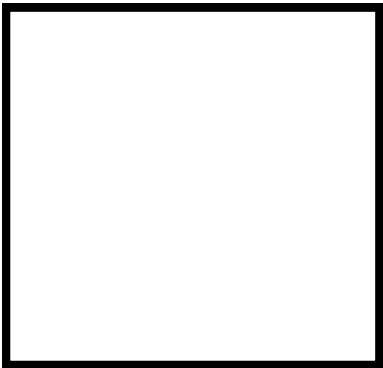
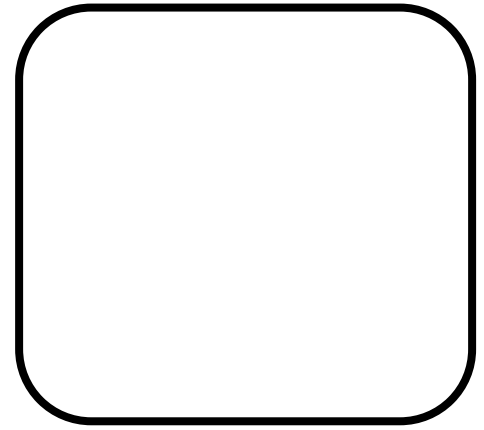
STO LAVORANDO PER...



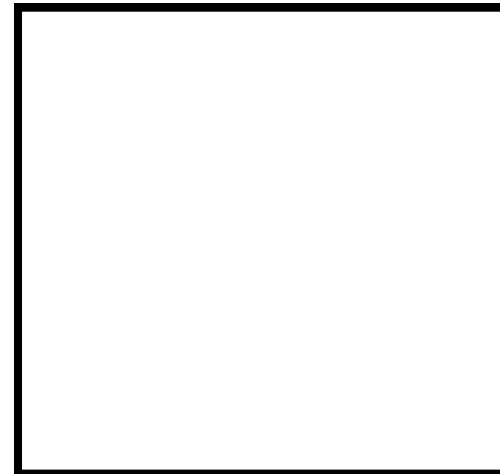
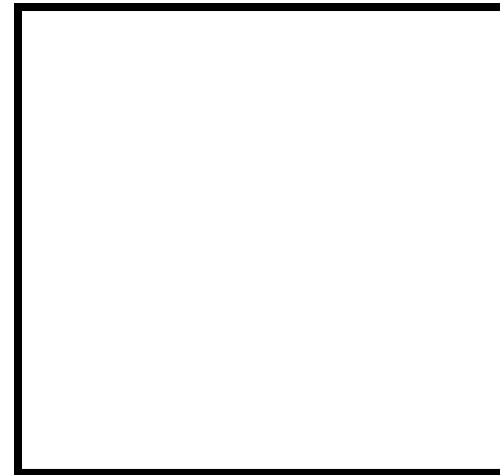
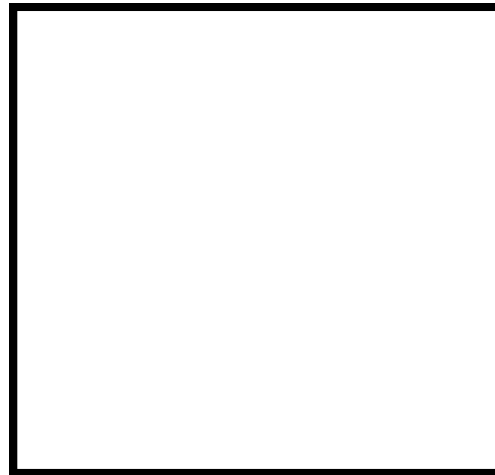
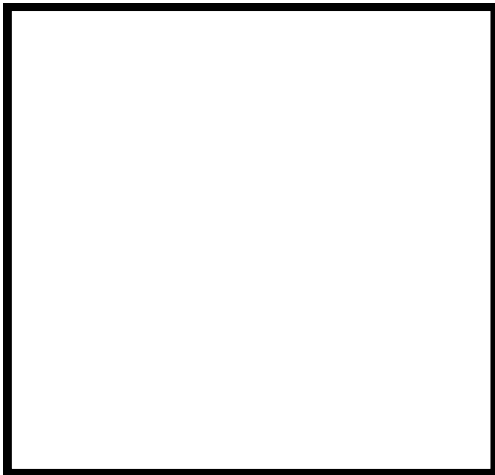
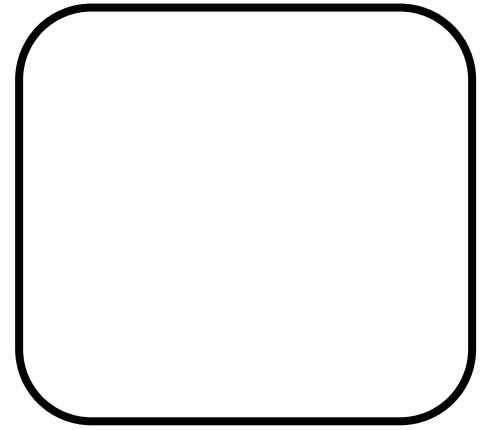
STO LAVORANDO PER...



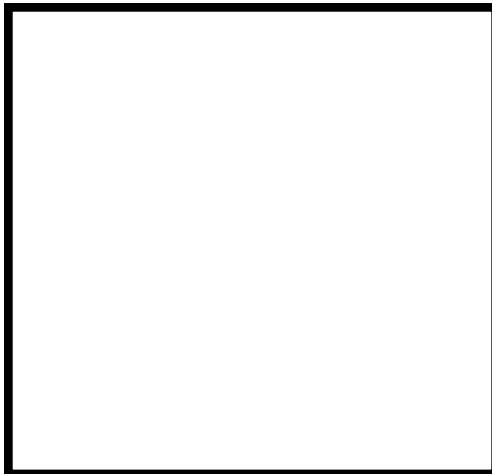
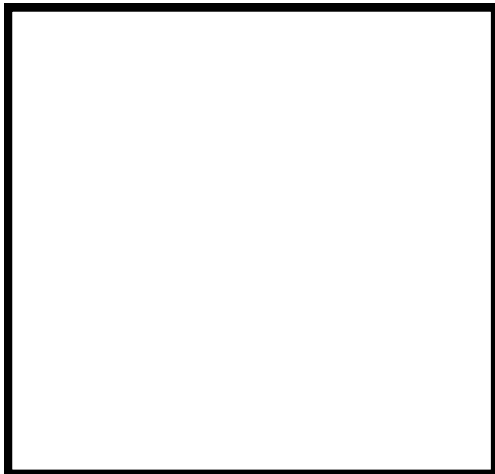
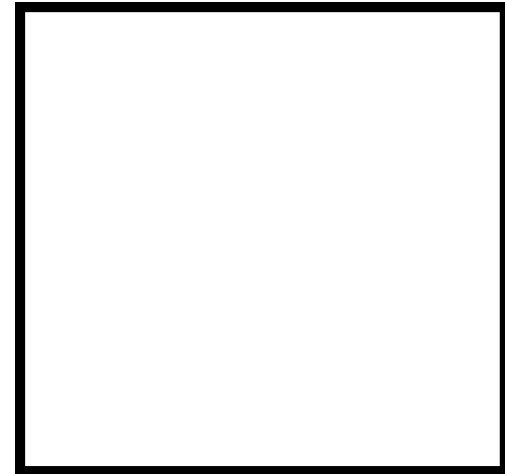
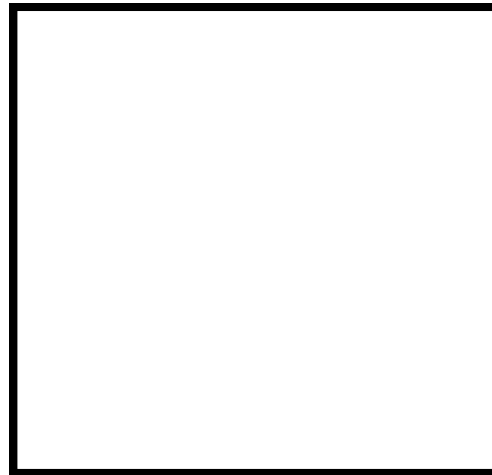
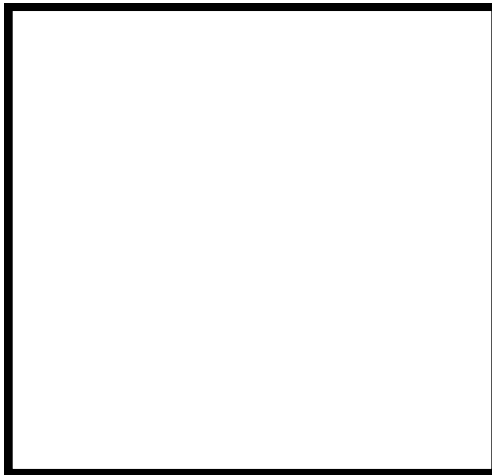
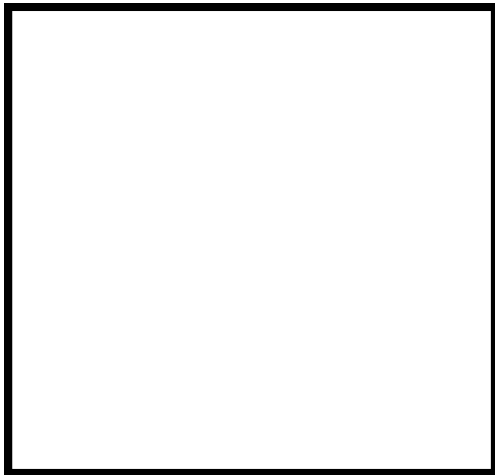
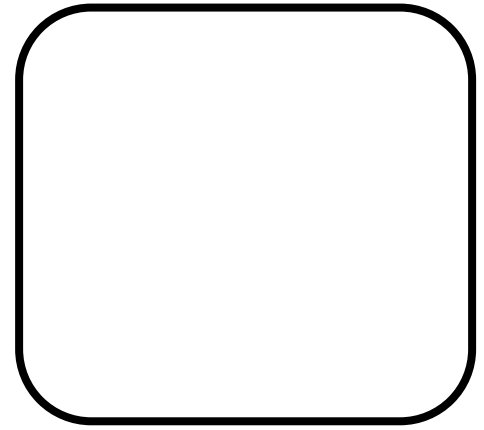
STO LAVORANDO PER...



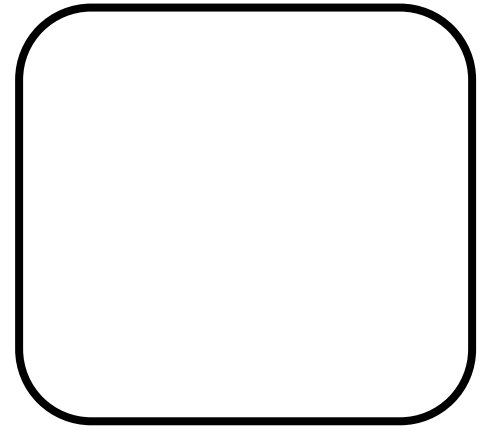
STO LAVORANDO PER...



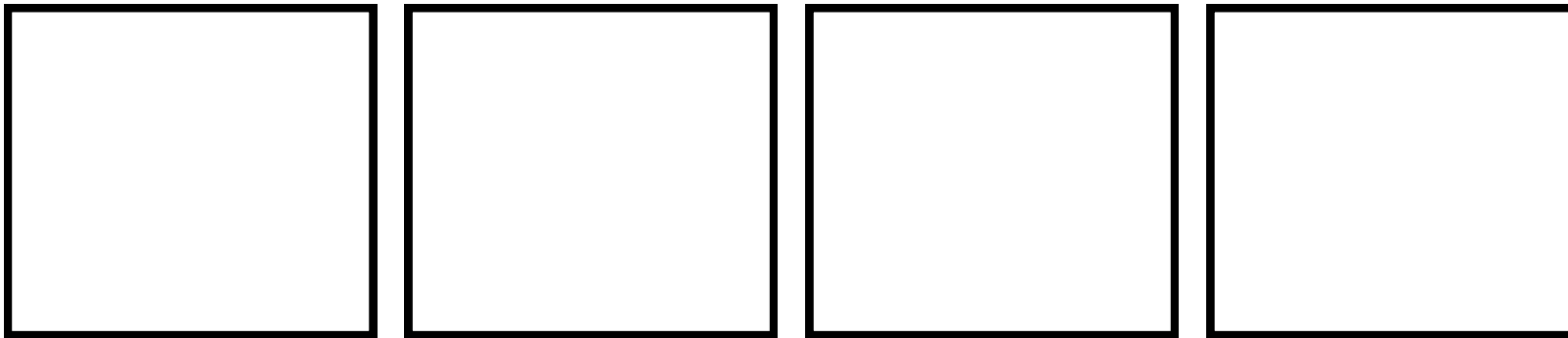
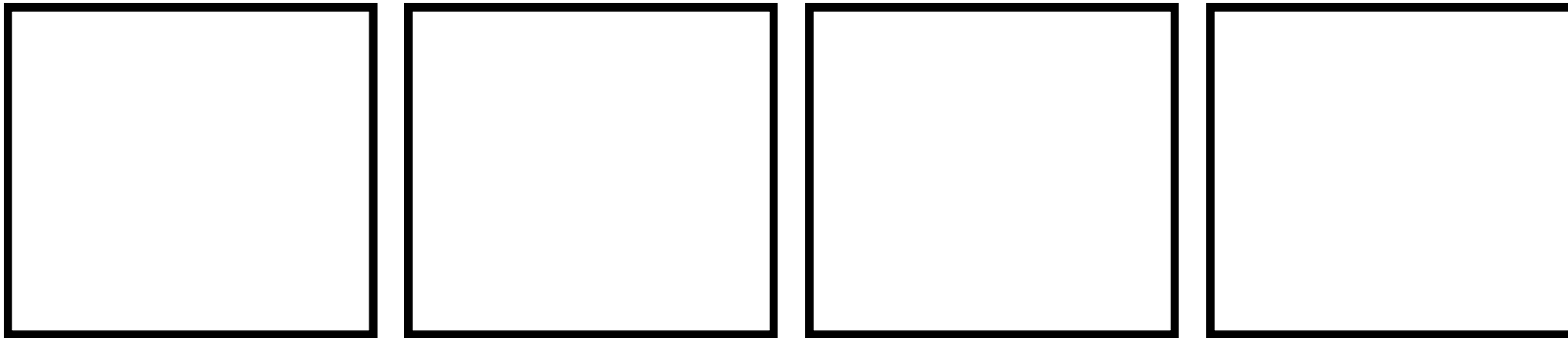
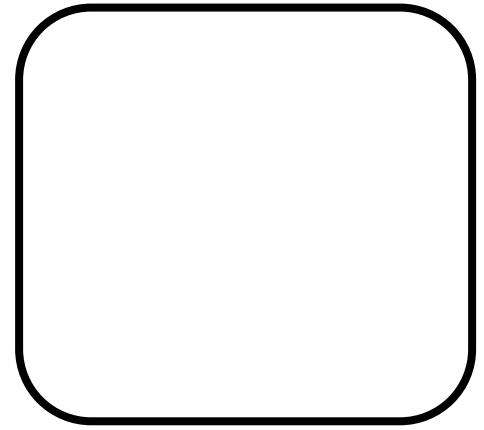
STO LAVORANDO PER...



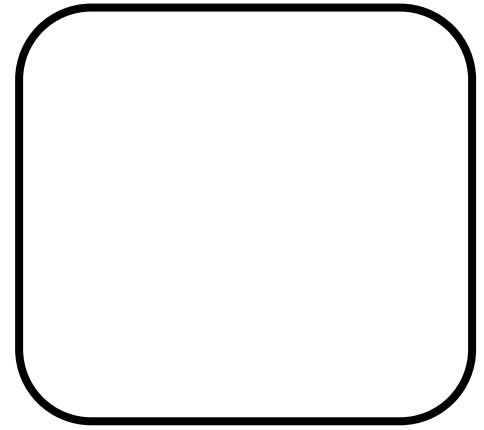
STO LAVORANDO PER...

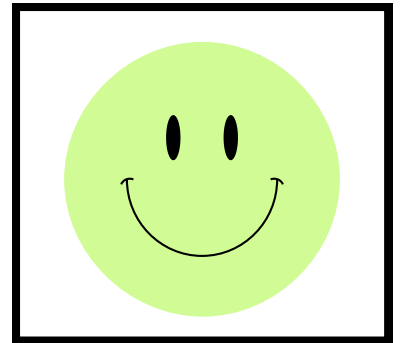
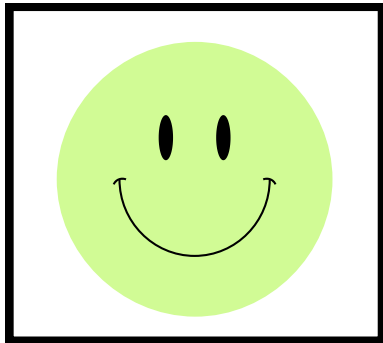
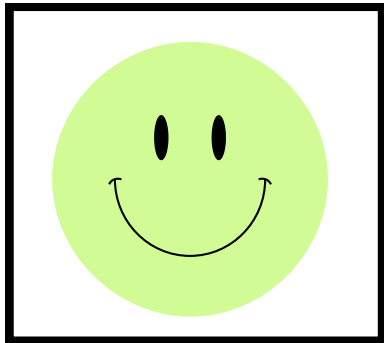
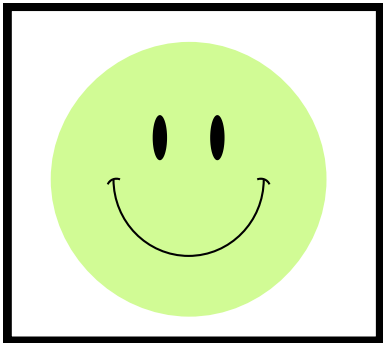
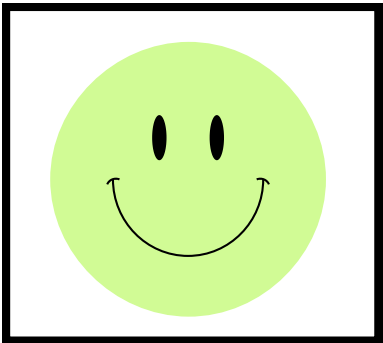
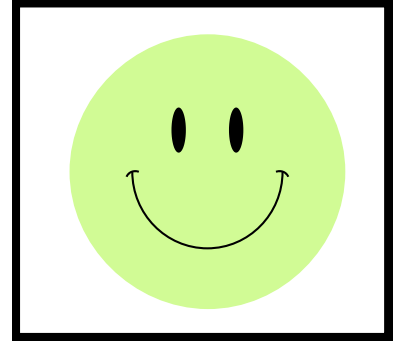
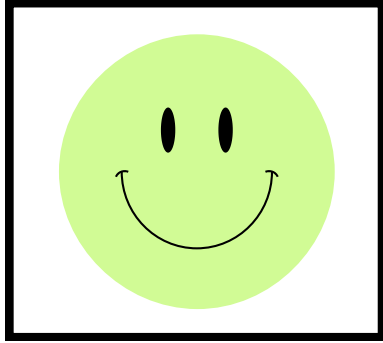
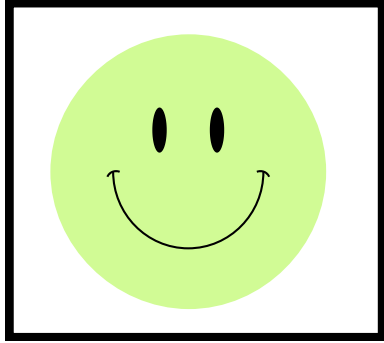
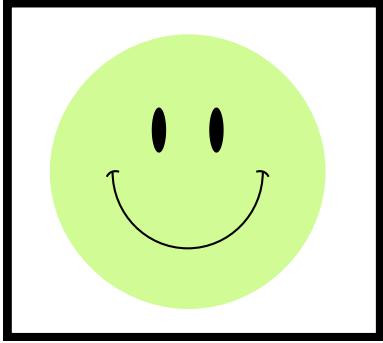
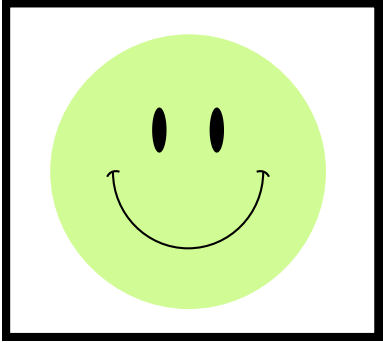


STO LAVORANDO PER...

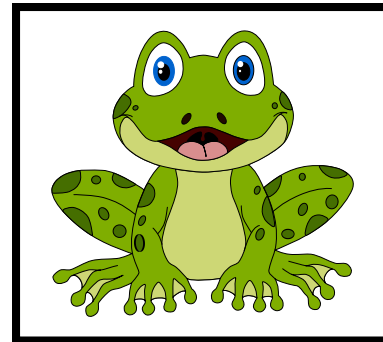
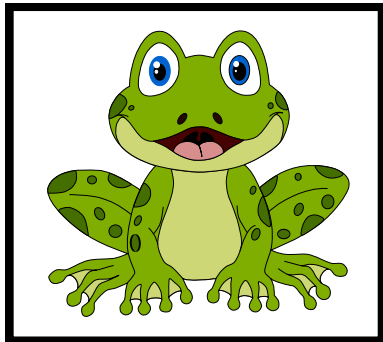
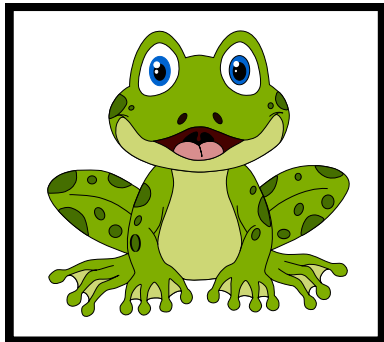
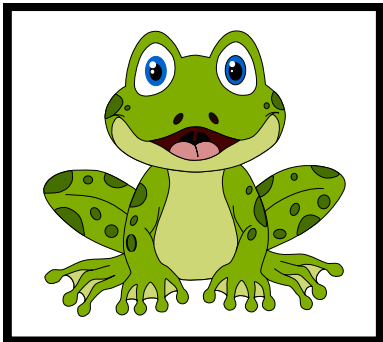
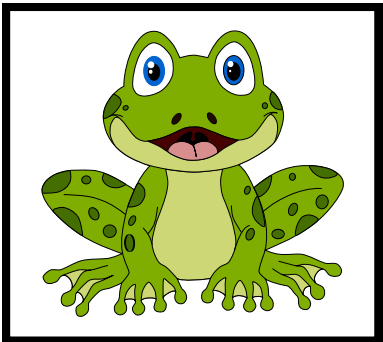
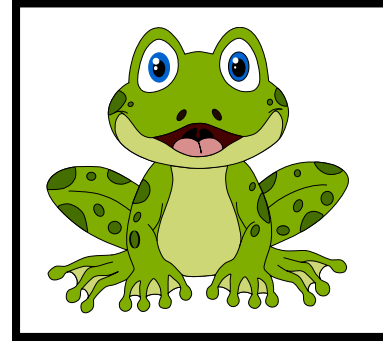
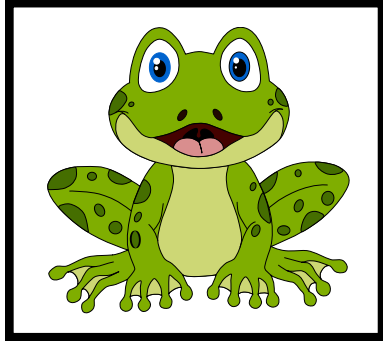
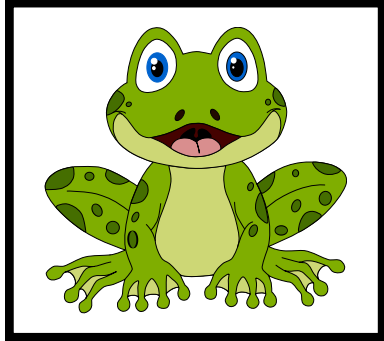
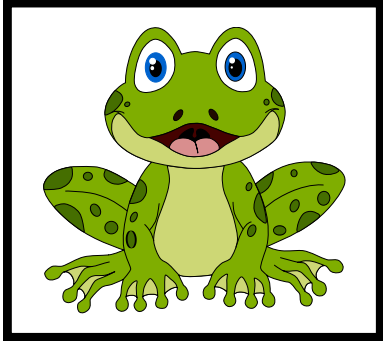
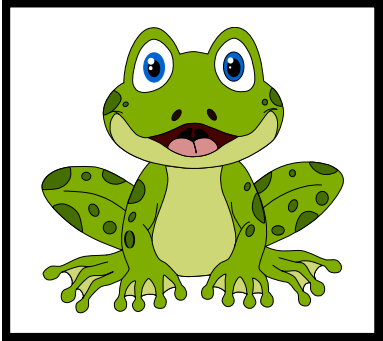


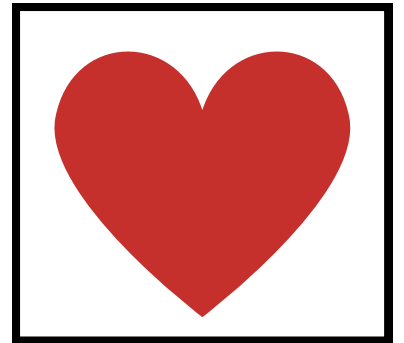
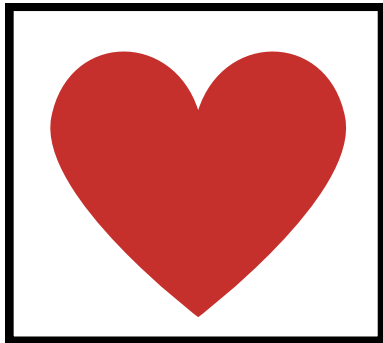
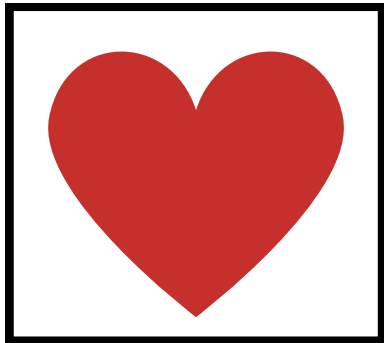
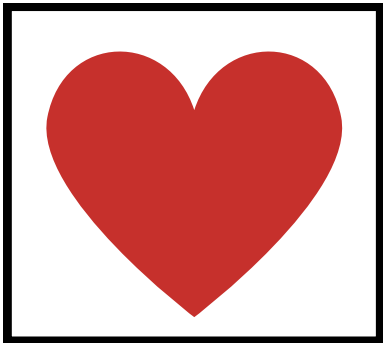
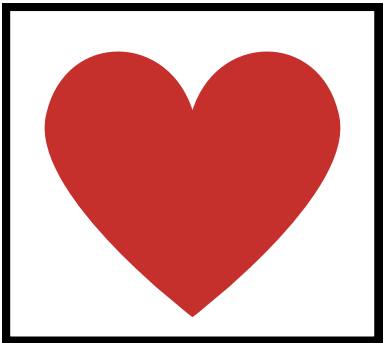
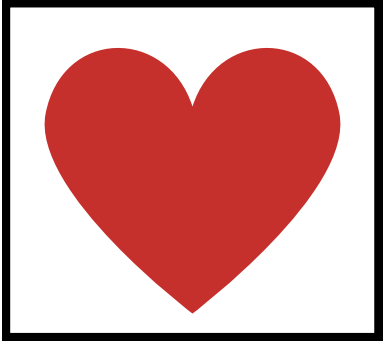
STO LAVORANDO PER...













ISTRUZIONI



La **token economy** è una strategia educativa e comportamentale utilizzata nella pratica clinica sia con bambini con autismo sia con bambini senza diagnosi, per favorire l'apprendimento di comportamenti adeguati e nuove abilità.

Perché viene utilizzata?

Per aumentare la motivazione del bambino e rinforzare in modo chiaro e immediato i comportamenti positivi o corretti (ad esempio l'attenzione, la collaborazione, il rispetto delle regole, l'esecuzione di un compito).

Quando viene utilizzata?

Viene impiegata quando il rinforzo sociale (come lodi o incoraggiamenti) non è sufficiente oppure quando è necessario rendere più prevedibile e strutturato il sistema di rinforzo, come spesso accade nei percorsi clinici con bambini nello spettro autistico, ma anche in contesti educativi e riabilitativi con altri bambini.

Come viene utilizzata?

Ogni volta che il bambino mette in atto il comportamento concordato, riceve un token (ad esempio una stellina, un gettone, un simbolo).

ISTRUZIONI

I token vengono accumulati e, al raggiungimento di un numero stabilito, il bambino può scambiarli con un rinforzo scelto in precedenza (un gioco, un'attività preferita, una pausa, ecc.).

In pratica, il token non è il premio finale, ma un rinforzo intermedio che aiuta il bambino a capire con chiarezza quale comportamento è corretto e a mantenere la motivazione nel tempo.

Nota pratica

Un consiglio utile è plastificare i fogli e applicare velcro adesivo sia sulle tabelle che sui token.

In questo modo il bambino la token economy non si rovinerà, durerà più a lungo e potrà essere riutilizzata più volte, rendendo il materiale più resistente e funzionale anche nel tempo.

Per ogni tipologia di token sono disponibili 10 gettoni.

È comunque possibile stampare più copie della stessa tipologia, così da avere sempre a disposizione il numero di token necessario in base al tipo di gettone che si decide di utilizzare con il bambino e alla durata o complessità dell'attività proposta.